

There are many benefits to sleeping on a waterbed. These include:

### □ □ □ □ **Comfort**

-

A waterbed mattress will contour to the shape of your body and evenly distribute your weight, greatly reducing uncomfortable pressure points and allowing better circulation. This means less tossing and turning and a more restful nights sleep.

### □ □ □ □ **Allergy Relief**

-

A waterbed may provide a much healthier sleep for allergy sufferers by reducing allergens such as dust mites, mould and bacteria which are found in ordinary mattresses.

### □ □ □ □ **Spinal Alignment and Support**

-

Waterbeds allow for proper spinal support by contouring to your body. Even weight distribution results in a better nights sleep.

### □ □ □ □ **Therapeutic Heat**

-

A warm bed can be enjoyed by everyone. From athletes with sore muscles to people with joint pain, everyone benefits from sleeping in a warm bed.